

## Healing Touch Class – Level 1

### DESCRIPTION

This class lays the foundation for the practice of Healing Touch and enables the student to immediately use Healing Touch with patients and for self-care. Students learn concepts about the human energy system, energetic assessment and 12 methods to clear and balance the energy system. The class is highly experiential and fosters both personal and professional growth via lecture, demonstration, student exchanges and interactive discussion. Upon successful class completion, students are prepared to offer Healing Touch to patients.

### CONTINUING EDUCATION CONTACT HOURS: 16

*(for nurses and massage therapists)*

- Healing Touch Program is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.
- Healing Touch Program is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider (#150588-00).

### TARGET AUDIENCE

- Nurses
- Physicians
- Chaplains
- Other Healthcare Professionals

### LEARNING OUTCOMES

The student will be able to:

- Employ methods to detect and assess the energy system
- Select the proper technique for the presented symptom
- Explain Healing Touch to patients and families
- Utilize 12 techniques to clear and balance the energy system
- Use Healing Touch methods for self-care

### STUDENT MATERIALS PROVIDED

- Healing Touch Level 1 Notebook
- Resources for professional caregivers

### SCOPE

- Course level – First level in the Healing Touch Program five level sequential curriculum
- Course duration – 16 hours over two consecutive days (other schedule options available)
- Format – Lecture combined with demonstration, student exchange, interactive discussion
- Taught by a Healing Touch Certified Instructor (HTCP/I)

### PREREQUISITES

None

**Contact us today about providing Healing Touch in your facility.**

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Visit our website for more information: [www.HTICP.com](http://www.HTICP.com)

### Accreditations and Endorsements

